



R&D Center for Working Persons' Psychological Support

Since April 1st, 2019

A Research and Development Center with a Framework for Psychological Support for Working Individuals and Social Contribution.

◆Our center promotes research and development on topics such as "working individuals' consciousness and behavior," "relationships between individuals and organizations," "mental health in the workplace," and "professional development tailored to one's expertise and age". We engage in joint research with various companies and offer academic guidance. Additionally, we actively participate in a wide range of educational and social contribution activities to support working individuals, including the development and management of educational programs for professionals and leaders in recurrent education, offering extension programs, and providing individual support through our Life Career Counseling Center.

◆In the future, we will continue to advance research and development using psychological approaches on "human capital management," a new challenge that bridges the gap between workers and organizations. We will deepen our exploration of topics such as "work engagement" and "organizational culture," which contribute to workers' motivation and vitality, as well as sustainable growth and development for organizations. By publishing our findings and implementing them in society, we aim to make a meaningful and ongoing contribution to society.



Masaki Okada, Ph.D.
Director, R&D Center for Working Persons' Psychological Support

Our Mission

「Pursuit lifelong development, with us.」

As workplaces face various environmental changes, the need for a deeper understanding of human psychology is rapidly growing. We believe that individuals can continue to develop at any stage of life and are committed to supporting both life and work in a holistic way.

With this aspiration, leading practitioner-researchers have gathered here.

Research

[Research Unit]

Advancing research on psychological support for working individuals
Research funded by external public funding, special joint research projects, and large-scale scientific research projects



Social contribution

[Consulting Unit]

Advancing joint research and academic guidance in collaboration with companies, and translating research findings on psychological support for working individuals into societal contributions.

[Education & Training Unit]

Development and implementation of training for professionals, evaluation of educational effectiveness, and design and delivery of recurrent education.

[Counseling Unit]

Management of life career counseling room, and provision of supervision.

T-One Lab *

*The center's informal name

By bringing together the wisdom of the University of Tsukuba, we unite as one team to deliver seamless, one-stop solutions.

